

Sailing Instructions

KING HARBOR YACHT CLUB
REDONDO BEACH, CALIFORNIA



His 'N Hers Race Series

Race #1	Sunday	October 07, 2018
Race #2	Sunday	October 21, 2018
Race #3	Sunday	October 28, 2018

1) Rules

- 1.1) This regatta will be governed by the 'rules' as defined in the Current Racing Rules of Sailing.
- 1.2) The prescriptions of USSA and these Sailing Instructions shall apply.
- 1.3) RRS Rule 82 will not apply to this event.
- 1.4) This is a US Nearshore event with paragraph 3.8.2 modified to only require any type of VHF radio.
- 1.5) Only one man and one woman are allowed on board.
- 1.6) Non-spinnaker classes may only fly one headsail except during a change to a smaller head sail. Note: A Non-Spinnaker boat starting with a small jib, cannot change up to a larger jib. Spinnakers or gennakers are not allowed unless competing within a designated spinnaker class.
- 1.7) There are no sail change restrictions for boats competing in a spinnaker class.

2) Eligibility and Entry

- 2.1) The event is open to all boats with a minimum of five boats per class.
- 2.2) Boats not currently registered with PHRF will be assigned a rating by the Race Chairman.
- 2.3) Entrants shall complete the online entry process at RegattaNetwork.com. Registration can be performed at KHYC from 0900 until 1100 on race day. The entry fee is \$20.00, with a \$3 late fee for entries on race day, or \$45.00 for the entire series.

3) Notices to Competitors

- 3.1) Notices to competitors will be posted on the Official Notice Board located on the first floor opposite the Race Committee Room.
- 3.2) Classes and Class splits for the series will be posted on the Official Notice Board by 1115 hours the morning of the first race using PHRF- RLC ratings. Non-Spinnaker offsets will be included for those racing in non-spinnaker classes.

4) Changes in Sailing Instructions

- 4.1) Any changes to the sailing instructions will be posted before 1100 hours on the day it will take effect. Changes will also be available from the RC boat under the Come Within Hail signal when appropriate.

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5) Signals Made Ashore

- 5.1) Signals made ashore will be displayed on the KHYC flag pole located on the East patio of the clubhouse.
- 5.2) If the postponement signal (AP) is displayed the warning signal will be made no sooner than one hour after the AP is lowered.

6) Schedule of Races

- 6.1) One race on each of three days is scheduled. The first warning will be at 1255 hours each race day. Multiple horns may be sounded prior to the first warning.

7) Signals on the Race Committee Boat

- 7.1) Starting signals will conform to rule 26 of the current Racing Rules of Sailing (RRS). See example on Attachment A, Course Chart for His 'N Hers.
- 7.2) Classes, as constituted before race #1, shall start in the following order:

<u>Class</u>	<u>Flag</u>
PHRF A	D
PHRF B	E
PHRF V	V
Cal 20	F
Martin 242	C
Spinnaker	K

8) The Race Course

- 8.1) The racing area will be in the vicinity of "Y" mark per the current KHYC Mark Guide.
- 8.2) The course for each race will be selected from Attachment A and signaled by a numbered placard from the Race Committee boat at the time of the Class Warning Signal.
- 8.3) On a given race day, the R/C will select a single course for all classes that are eligible for competing for the series perpetual trophy. Otherwise, a different course may be selected based on the discretion of the R/C PRO

9) Marks

- 9.1) Marks are spar buoys in the approximate positions defined by the current KHYC Mark Guide.
- 9.2) "G" mark is the bell buoy at the entrance to the Harbor.
- 9.3) "W" mark is the white center channel buoy at the entrance to King Harbor.

10) The Start

- 10.1) Races will be started using Rule 26 with individual classes starting using a five-minute sequence. The committee will attempt but is not obligated to keep all start & restart times at five-minute clock intervals.
- 10.2) The starting line will be between Y-Mark and a staff with an orange flag on the Race Committee Boat anchored to starboard of Y-Mark.
- 10.3) Boats whose warning signal has not been made shall keep clear of the starting area and all boats whose warning signal has been made.

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11) Safety (Category and Crew)

- 11.1) All boats must check in with the Race Committee on the water prior to the Class warning signal.
- 11.2) A boat retiring must notify the committee ASAP or before the last boat to finish (whichever is sooner). The RC monitors VHF Ch.78.

12) The Finish 12

- 12.1) The finish line will be near the harbor entrance between a staff displaying an orange flag on the Race Committee boat anchored just inside the breakwater and the Redondo Beach East Jetty Light (#2) at the harbor entrance.

13) Penalty System

- 13.1) The 720-degree turn penalty is replaced with a 360-degree turn penalty, to include one tack and one jibe, modifying rules 44.1 & 44.2. Rule 44.3 shall not apply.

14) Time limit

- 14.1) Boats failing to start within four minutes after their start signal shall be scored DNS.
- 14.2) Boats failing to finish by 1700 hours shall be scored DNF.

15) Protests

- 15.1) Boats intending to protest must notify the RC boat upon finishing.
- 15.2) Protests shall be written on forms available at the club and delivered to the Race Chairman, or PRO within 45 minutes after the race committee boat docks. The Committee will sound one signal and post docking time on the Official Notice Board. Protests will be posted as they are submitted.

16) Scoring

- 16.1) All races will be scored using Time on Time (TOT) protocol under the Low Point System Appendix A 4.1 and A 9 of the Race Rules of Sailing.
- 16.2) There will be no throw outs for series scoring.
- 16.3) Scoring will be based on:
 - A. Non-Spinnaker using RLC ratings plus non-spinnaker offsets.
 - B. Spinnaker entries with Buoy ratings
- 16.4) Class series winners will be based on their three race scores.
- 16.5) The Maureen Cash Memorial Perpetual Trophy will be awarded to the non-spinnaker entry with the lowest combined score of the overall positions (as calculated by PHRF ratings) for each individual race. The Martin 242s will be scored with a rating of 163 and the Cal 20s with a rating of 276 for determining the overall positions.

17) Prizes

- 17.1) Take home trophies will be awarded each Sunday on the upper level of the clubhouse as soon as possible after the event. Overall class trophies and the Maureen Cash Memorial Perpetual trophy for the overall series winner will be awarded at the annual Racing Awards Trophy Night.
- 17.2) Both racers on award winning boats shall receive trophies.

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Attachment A Revised 10/15/18 Courses for the His 'N Hers Series

Note to Race Committee: All Non-Spinnaker Classes must be given the same course.

Non-Spinnaker Courses:

0 RC defined course via ch 78	
1 Start – Hs – As – G – W – Finish	4.6 NM
2 Start – Hs – Ts – Y – G – W – Finish	4.3 NM
3 Start – Ks – Ts – Y – G – W – Finish	2.8 NM
4 Start – A – H – G – W – Finish	4.0 NM
5 Start – A – H – Ts – Y – G – W - Finish	5.5 Nm
6 Start – A – K – G – W – Finish	3.0 NM
7 Start – A – K – Ts – Y – G – W – Finish	4.3 NM
8 Start – F – H – G- W – Finish	5.5 NM
9 Start – F - H – As - K -G – W -Finish	6.9 NM

Spinnaker Courses:

10 Start – Hs – G – W – Finish	2.8 NM
11 Start – Hs – Ks – H – G – W – Finish	4.4 NM
12 Start – K – G – W - Finish	1.5 NM
13 Start – A – G – W – Finish	2.8 NM
14 Start – A – K – A – G – W – Finish	4.4 NM
15 Start - F – G – W – Finish	5.1 NM

Marks with an s suffix are to be rounded to starboard, others to port.

Note: Additional courses may be added prior to each day of racing. Any changes to this attachment will be made available to the competitors in accordance with Article 4 of this document.

Typical Starting Signal Sequence

- 1) Multiple sounds before the first Warning only, not precisely timed to next signal
- 2) 5 min before Start: Warning signal. Class flag is raised with one sound. Course selection displayed.
- 3) 4 min before Start: Preparatory signal. P flag is raised with one sound.
- 4) 1 minute before Start: Preparatory flag lowered with one long sound.
- 5) Start: Class flag lowered with one sound.

FYI: Some race committees will utilize a "running clock" which simply means the next class to start is given its Warning signal simultaneous with the Start signal of the previous class, leading into the same sequence as above. This practice is favored but NOT essential so the racer must always be guided by the Class flag as the beginning of their Class start sequence.